2018 Mora Invitational - Cross Country Meet

TO: Athletic Director

Cross Country Coaches

FROM: Chris Goebel, MHS CCR Coach

DATE: August 23, 2018

RE: Mora Invitational – Tuesday, September 11, 2018

**The Mora Invitational will be held at Spring Brook Golf Course**

**Parking:**Busses should drop off at the clubhouse and then drive a little further east and park on the roads near the driving range.

**Concessions**: The clubhouse will be open.  They will have concessions and the restaurant will be open.

**Scoring the Meet:** Hero’s Timing will be scoring the meet. We will be using chip bibs. Coaches will get an email of how to enter their athletes on Athletic.net.

**Bathrooms**: We will have porta potties outside.  We ask athletes to not use bathrooms in the clubhouse!!!

**Awards**: We will be giving out cookies instead of medals or ribbons.

**Team Awards:**  Each member of the top girls varsity and each top boys varsity will receive a cookie.

**COACHES MEETING:**  3:50 p.m.

Order of Events:

4:10 pm 7th and 8th Grade Girls 2500M  1-25 Cookies

4:30 pm 7th and 8th Grade Boys 2500M  1-25 Cookies

4:45 pm Varsity Girls 5000M  1-15 Cookies

5:10 pm Varsity Boys 5000M  1-15 Cookies

5:35 pm           JV Girls 5000M  1-15 Cookies

6:00 pm   JV Boys 5000M  1-15 Cookies

**Teams:** Braham, East Central, Foley, Heritage Christian, Hinckley-Finlayson, Howard Lake-Waverly-Winsted, Legacy Christian, Maranatha Christian, Mayer-Lutheran/Lester Prairie, Mille-Lacs, Moose Lake, Mora, North Branch, North Lakes Academy, Northwest Nighthawks, Pierz, Pine City, Princeton, Providence Academy, Rockford, Rush City, Spectrum, Zimmerman

**ENTRY FEE:**  $100.00  Make checks payable to:   **Mora High School**

If you have questions or concerns, please contact Chris Goebel - #320-679-6240

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